



# WEEKLY MENU

FOR THE WEEK OF 5/9 – 5/15

## FEATURED ITEMS

MON

TUES

WED



THURS



FRI

OMELETTE  
STATION

## SUNDAY

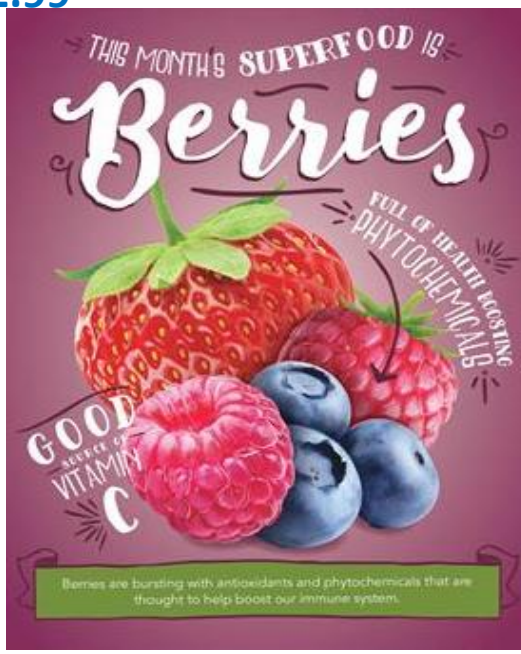


Lemon Herb Pollock	\$3.19	208 CAL
Fried Chicken	\$2.99/3.19	423 CAL
Mashed Sweet Potato	\$1.49	114 CAL
Macaroni & Cheese	\$1.59	149 CAL
Almond Green Beans	\$1.49	114 CALS
Speckled Butter Beans	\$1.49	98 CAL
Collard Greens	\$1.49	105 CAL

### SOUPS

Broccoli & Cheddar	199 CAL	CHICKEN NOODLE	72 CAL
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Employee Special: Lemon Herb Fish (1)side,roll, 16 oz. infused water \$2.99



## MONDAY



Rotisserie Chicken	\$2.99/3.99	415 CAL
Chop Steak w/onions & gravy	\$3.19	300 CAL
Baby Carrots	\$1.49	91 CAL
Fresh Grilled Corn	\$1.49	66 CAL
Mashed Potato	\$1.49	154 CAL
Steamed Cabbage	\$1.49	38 CAL
Broccolini	\$1.49	80 CAL

### SOUPS

Chicken Noodle	72 CAL	Tomato Florentine	123 CAL
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Employee Special: Chopped Steak & Gravy w/onions (1)side, roll, and 16 oz. infused water \$2.99



## TUESDAY



Beef Pot Roast	\$3.19	271 CAL
Blackened Cat Fish	\$4.29	170 CAL
Brown Rice	\$1.49	118 CAL
Fresh Steamed broccoli	\$1.49	33 CAL
Roasted red Potato	\$1.49	122 CAL
Lyonnaise Zucchini & Squash	\$1.49	21 CAL
Fresh Garlic Green Beans	\$1.49	48 CAL

### SOUPS

Chicken Noodle	72 CAL	Potato & Kale	123 CAL
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Employee Special (1) side, roll, and 16 oz. infused water \$2.99



## WEDNESDAY



Homemade Meatloaf	\$3.19	206 CAL
Chicken Picata	\$3.19	251 CAL
Linguini w/roasted Tomato & Garlic	\$1.39	248 CAL
California Blend	\$1.49	23 CAL
Whipped Potato	\$1.49	82 CAL
Fresh Baby Carrots	\$1.49	33 CAL
Seasoned Peas & Pearl Onions	\$ 1.39	94 CAL

### SOUPS

Chicken Noodle	72 CAL	Tuscan Bean	241 CAL
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Employee Special: Homemade Meatloaf, (1) side roll, and 16 oz. infused water \$2.99



# THURSDAY



<b>FRIED CHICKEN</b>	<b>\$2.99/3.19</b>	<b>423 CAL</b>
<b>Smothered Pork Chop</b>	<b>\$3.19</b>	<b>272 CAL</b>

<b>3 Cheese Macaroni</b>	<b>\$ 1.49</b>	<b>149 CAL</b>
<b>Brown Rice</b>	<b>\$ 1.49</b>	<b>118 CAL</b>
<b>Collard Greens</b>	<b>\$ 1.49</b>	<b>54 CAL</b>
<b>Capri Blend</b>	<b>\$1.49</b>	<b>58 CAL</b>

## SOUPS

<i>Chicken Noodle</i>	<i>72 CAL</i>	<i>Corn Chowder</i>	<i>210 CAL</i>
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Employee Special: Smothered Pork Chop (1) side, roll, and 16 oz. Infused water \$2.99



# FRIDAY



<b>Braised Beef Stew</b>	<b>\$3.19</b>	<b>428 CAL</b>
<b>Sesame Chicken</b>	<b>\$3.09</b>	<b>217 CAL</b>

<b>Egg Noodle</b>	<b>\$1.49</b>	<b>145 CAL</b>
<b>Fresh Green Bean &amp; Pimento</b>	<b>\$1.49</b>	<b>49 CAL</b>
<b>Cajun Corn &amp; Okra</b>	<b>\$1.49</b>	<b>51 CAL</b>
<b>Fried Rice</b>	<b>\$1.49</b>	<b>107 CAL</b>
<b>Steamed Carrots</b>	<b>\$ 1.49</b>	<b>30 CAL</b>

## SOUPS

<i>Chicken Noodle</i>	<i>72 CAL</i>	<i>Seafood Chowder</i>	<i>241 CAL</i>
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Employee Special: Sesame Chicken (1) side, roll and a 16 oz. Infused water \$2.99

# 5/4 SATURDAY



<b>Rotisserie Chicken</b>	<b>\$2.99/3.19</b>	<b>415 CAL</b>
<b>Country Fried Steak</b>	<b>\$3.19</b>	<b>411 CAL</b>
<b>Steamed Cabbage</b>	<b>\$1.49</b>	<b>58 CAL</b>
<b>Baked Potato</b>	<b>\$1.49</b>	<b>226 CAL</b>
<b>California Blend</b>	<b>\$1.49</b>	<b>91 CAL</b>
<b>Stewed Okra &amp; Tomatoes</b>	<b>\$1.49</b>	<b>47 CAL</b>

## SOUPS

<i>Italian Wedding</i>	<i>240 CAL</i>	<i>Chicken Noodle</i>	<i>72 CAL</i>
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\* Menu subject to change due to availability

## HOURS OF OPERATION

<b>BREAKFAST</b>	<b>7AM-9:30AM</b>
<b>LUNCH</b>	<b>11AM-2PM</b>
<b>DINNER</b>	<b>4:30PM-6PM</b>



**NavicentHealthBaldwin**