

Catering Menu



Valleywise Health

Questions

Email: Lynn.green@valleywisehealth.org

Phone: 602-344-5614

Breakfast Menu

Breakfast Burrito - Meats

Fresh eggs, red skin potatoes, salsa fresca, shredded cheddar cheese and your choice of meat in a flour tortilla. Served with salt, pepper, ketchup & hot sauce packets.

Bacon	\$4.83	Ham	\$5.02
Chorizo	\$4.50	Loaded	\$6.30
Sausage	\$4.72	(Includes, Ham, Bacon, & Sausage)	

Breakfast Burrito – Mushroom & Spinach

Sauteed button mushroom & fresh spinach, red skinned potatoes, egg whites and pepper jack cheese in a flour tortilla. Served with salt, pepper, ketchup, & hot sauce packets. \$4.95

Breakfast Burrito – Potato, Egg, & Cheese

Roasted potatoes, fresh eggs, salsa fresca and shredded cheddar cheese in a flour tortilla. Served with salt, pepper, ketchup & hot sauce packets. \$4.53

Breakfast Sandwiches - Meat

Hard fried egg, melting cheese, and choice of meat on a warm Brioche bun.

Bacon	\$2.35	Sausage	\$2.31
Ham	\$3.11		

Breakfast Sandwich Hard fried egg and cheese on a warm Brioche Bun. \$2.27

Breakfast Sandwich – Tomato, Spinach

Hard fried egg, sliced tomato and sauteed spinach on a warm Brioche bun. \$3.09

Breakfast Bowl

Fresh scrambled eggs, red skinned potatoes, and melted cheese in a bowl served with salsa on the side. \$3.64

Breakfast Bowl Loaded

Fresh scrambled eggs, red skinned potatoes, and melted cheese along with diced ham, sausage, and bacon. Served with salsa on the side. \$6.02

Ala Carte Breakfast			
Bagel & Cream Cheese	\$1.89 ea.	Large Muffin	\$1.72 ea.
Yoplait Yogurt	\$.99 ea.	Large Scones	\$1.72ea.
Greek Yogurt	\$.83 ea.	Berry Parfait	\$2.97 ea.
Apple Danish	\$1.97 ea.	Mango Parfait	\$2.78 ea.
Cheese Danish	\$1.97 ea.	Tater tots	\$1.39 per person

Lunch & Dinner Menu

Hot Food Options

BBQ Chicken Pizza

An individual pizza with marinara sauce, mozzarella cheese, diced red onion, and BBQ chicken. Served with parmesan cheese and red chili flakes. \$7.85

Cheese Pizza

An individual pizza with marinara sauce and a 4-cheese blend. Served with parmesan cheese and red chili flakes. \$4.93

Pepperoni Pizza

An individual pizza with marinara sauce, pepperoni slices and extra cheese. Served with parmesan cheese and red chili flakes. \$5.07

Sausage Pizza

An individual pizza with marinara sauce, sausage, and extra cheese served with parmesan cheese and red chili flakes. \$5.46

Fire Roasted Vegetable Pizza

An individual pizza with marinara sauce, chopped onions, diced tomato, green bell pepper, button mushrooms, and mozzarella cheese. Served with parmesan cheese and red chili flakes. \$5.65

Chicken Marsala

Chicken in a creamy mushroom wine sauce, served with a seasonal vegetable and
Fingerling Potatoes \$5.18
Mashed Potatoes \$4.35
Rice Pilaf \$3.96

Grilled Salmon

Grilled filet of Lemon pepper salmon, served with a seasonal vegetable and
Fingerling Potatoes \$5.75
Mashed Potatoes \$4.91
Rice Pilaf \$4.53

Meat Lasagna

Layers of pasta, with ricotta cheese, seasoned ground beef, and mozzarella cheese in a tangy marinara sauce. Served with garlic bread sticks. \$4.57

Vegetable Lasagna

Layers of pasta with ricotta cheese, roasted vegetables, and mozzarella cheese in a tangy marinara sauce. Served with garlic bread sticks. \$3.99

Taco Plate - Beef

2 seasoned ground beef tacos, served in 6" flour tortillas, lettuce, salsa fresca, shredded cheese and sour cream with refried beans and Spanish rice. Served with salsa on the side. \$7.02

Taco Plate - Chicken

2 chicken Tinga tacos in 6" flour tortillas served with lettuce, salsa fresca, shredded cheese, and sour cream. Served with Spanish rice and refried beans. \$6.54

Taco Plate - Tex Mex Veggie

2 Tacos in 6" Flour tortillas stuffed with lettuce, roasted Portobello mushrooms, grilled zucchini, grilled yellow squash, and Jicama slaw served with Spanish rice and refried beans. \$8.25

Cold Food Options

Lunch Box –

All lunch boxes include, a gourmet cookie, whole piece of fruit, assorted bag of chips and either a bottle of water or can of soda.

Lunch Box - Chicken Salad

A chicken salad sandwich made with herb roasted chicken, pecans, cranberries, green onions, spring mix, and mayo on 12 grain bread. \$8.09

Lunch Box - Ham

A generous portion of ham with sliced cheddar on Asiago cheese bread with spring mix and tomato. \$8.15

Lunch Box - Roast beef

Roast beef, provolone cheese, spring mix, red onion, tomato, and horseradish mayo on a baguette. \$8.82

Lunch Box - Tuna Salad

Tuna salad with hard cooked egg, pickle relish and mayo with spring mix and tomato on 12 grain bread. \$8.56

Lunch Box – Turkey w/Bacon

A smoky turkey sandwich with chipotle mayo, pepper jack cheese, tomato, spring mix, and bacon on focaccia bread. \$8.51

Lunch Box – Turkey

A smoky turkey sandwich with chipotle mayo, pepper jack cheese, tomato, & spring mix, on focaccia bread. \$7.80

Lunch Box - Veggie

A fire roasted veggie sandwich including red peppers, onions, yellow squash, zucchini with pesto sauce served on a baguette with spring mix \$6.96

Lunch Box Upgrade

Upgrade to 20 oz Soda \$.69

Salad – Caesar

A bed of crisp romaine lettuce, grated parmesan cheese and croutons with Caesar dressing on the side. \$5.50 with Chicken \$7.83

Salad – Chef

A bed of mixed greens, 1 hard boiled egg (Halved), Swiss and cheddar cheese, ham (cubed or sliced), sliced turkey, and tomato with assorted dressing on the side. \$7.28

Salad – Garden

Mixed greens, slices of crispy fresh cucumber, and cherry tomatoes served with assorted dressing. \$4.85

Salad – Southwest Chicken

Tossed greens, black beans, cooked corn, tortilla strips, and grilled chicken with assorted dressing on the side. \$6.19

Wrap - Grilled Chicken Caesar

A grilled herb chicken breast sliced with parmesan cheese, Caesar dressing and romaine lettuce rolled in a flour tortilla served with a bag of chips, mayonnaise, and mustard packets. \$4.85

Wrap - Roasted Veggie

Roasted Veggies – Zucchini, red onion, eggplant, red bell peppers, green bell peppers, black olives, and button mushrooms rolled in a spinach tortilla with hummus and served with a bag of chips, mayo, and mustard packets. \$4.44

Wrap - Spicy Ranch Turkey

Thin slices of turkey, pepper jack cheese, tomatoes, avocado, ranch, picante and spring mix in a tomato basil tortilla served with a bag of chips, mayo, and mustard packets. \$5.43

Wrap – Lime Dill Tuna Salad

Lime dill aioli tuna salad, spring mix, shredded carrots, diced onions, tomatoes, mayo, and mustard in a spinach tortilla served with a bag of chips, mayo, and mustard packets. \$7.33

Self Serve Buffet Style Minimum order 15 people

Fresh Cut Fruit Bowl

Fresh cut cantaloupe, pineapple, strawberries, red grapes, honeydew melon. Served with fork, napkin, plate per person. \$2.78 per person

Pasta Bar Chicken

Marinara and alfredo sauce with pasta and grilled chicken. Served with salt, pepper, plates, forks, knives, spoons, napkins, and garlic parmesan breadsticks. \$6.41 per person

Pasta Bar Italian Sausage

Marinara and alfredo sauce with pasta and sliced Italian sausage. Served with salt, pepper, plates, forks, knives, spoons, napkins, and garlic parmesan bread sticks \$2.51 per person

Taco Bar - Beef

Two beef tacos per person with refried beans, Spanish rice, plates forks, knives, spoons, salt, pepper, napkin, salsa fresca and sour cream on the side. \$6.90 per person

Taco Bar Chicken

Two chicken tacos per person with refried beans, Spanish rice, plates, forks, knives, spoons, salt, pepper, napkin salsa fresca and sour cream on the side. \$6.42 per person

Taco Bar - Veggie

Two vegetarian tacos per person with roasted mushrooms, grilled zucchini & squash, fresh parsley, basil, oregano, cilantro, and lemon zest served with jicama slaw, leaf lettuce, 6" flour tortillas, refried beans, Spanish rice, plates, forks, knives, spoon, salt, pepper, napkin, salsa fresca and sour cream. \$8.13 per person

Water dispenser

A dispenser of water served with 8 oz cups. \$.13 per person.

Sterno Fuel

One sterno fuel cannister per chafer dish will be added to every buffet style self serve catering. \$2.19 each.

Ala Carte Cold Side Options

Cheese, Grapes & Crackers	\$1.88 per person
Fresh Fruit Cup	\$3.14 per person
Apple	\$.63 ea.
Banana	\$.37 ea.
Orange	\$.33ea.
Bag of Chips	\$.80 ea.
Side Salad	\$3.02 ea

Ala Carte Hot Side Options

Seasonal Vegetables	\$1.17 per person
Rice Pilaf	\$.36 per person
Parmesan Garlic Breadstick	\$.23 per person
Mashed Potatoes	\$.61 per person
Herb & Garlic Fingerling Potatoes	\$2.70 per person

Desserts/Snacks

Gourmet Cookies	\$.52 ea.	Rice Crispy Treats	\$1.05 ea.
Brownies	\$1.40 ea.	Daisy Award Cinnamon Twist	\$2.89 ea.
Granola Bars (Chewy)	\$.40 ea.	Trail Mix (Planters)	\$.76 ea.
Cupcakes	\$2.94 ea.	Ala Mode	\$.50 ea.

Specialty Cakes/Bakery

(Must be ordered at least (3) days prior to event not including weekends)

Half-Sheet Single Layer Cake Decorated	\$ 92.70	Full Sheet Cake Single Layer Decorated	\$112.24
Half Sheet Double Layer Cake Decorated	\$121.96	Full Sheet Cake Double Layer Decorated	\$201.99

Cake Selections:

White
Chocolate
Carrot
Red Velvet
Tres Leche

Cake Fillings:

White Whip Cream
Chocolate
Cream Cheese
Strawberry
Raspberry
Lemon
Fudge
German

Whipped Cream Frosting:

Chocolate
White
Can Be Tinted

Decorations:

Balloons
Baby Showers
Fruit
Chocolate Shavings
Flowers

BEVERAGES

Coffee w/ Flavored Creamer	\$.81 ea.
Hot Water	\$.50 ea.
Aquafina Bottle	\$.76 ea.
Dasani Bottle	\$.78 ea.
Soda Canned	\$.68 ea.
Soda Bottled	\$1.37ea.
Juice Cup	\$.28 ea.
Juice Bottle	\$1.48 ea.
Milk	\$.39 ea.

RENTALS (In House Rentals)

Tablecloth	\$5.80 ea.	Available colors: White
Table Skirts	\$5.80 ea.	Available colors: Purple, Off-White, Green, Black

Miscellaneous

Hot Cups	\$.08 ea.
Small Plates	\$.07 ea.
To Go Containers	\$.17 ea.
Silverware	\$.06 ea.

Catering Event Policies, Procedures

All caterings are served buffet style unless other arrangements are approved by the catering manager.

One sterno fuel cannister per chafer will be added to final invoice for all hot items.

Note: Non-disposable items MUST be left for FNS to pick up or returned to the kitchen. Any non-disposable items that are lost/stolen or damaged while in your possession will be assessed for a replacement fee.

Due to supply chain issues, prices may vary without notice.

